Every year, the arrival of Spring brings an unwanted guest along for the ride - Income Tax Season.

If you or your loved ones are overwhelmed by the thought of getting your taxes done, then the UConn’s Volunteer Income Tax Assistance Program, or VITA, is here to help.

VITA provides free personalized tax preparation to the UConn community, including the military community (Veterans and Active Duty personnel and their families, regardless of income level).

VITA’s volunteers are UConn Business students certified by the Internal Revenue Service, or IRS, to prepare simple Federal and Connecticut state income tax returns.

They have additional certification in the area of Foreign Students and Scholars and are trained to provide the highest quality service and to be sensitive to the needs of our constituents.

For more information visit vita.business.uconn.edu to make an appointment.
WARRIORS FOR WARRIORS offers
ABSOLUTELY FREE
ACUPUNCTURE
for VETERANS & MILITARY*

EAST LYME COMMUNITY CENTER
41 Society Road, Niantic, CT
On all 2nd & 4th Monday nights

ONGOING TREATMENTS:
Twice Monthly 19:00-21:00
Be there!!

*Mission priority is treatment of veterans/military with PTS, combat- or service connected illness or injury. Other veterans will be treated if time and resources permit.

No Hassle
Walk in any time listed. No medical history or intake questions necessary. Please bring military ID, DD214, or any other identifying documentation. Only vets/mil will receive treatment. Treatment priority given to veterans considering suicide and those who have PTS or other psychological wounds of war or service.

What Do I Need to Know?
For veterans and active duty
David LoPrioce Sensei, L.Ac. offers treatments to all ex-military and active duty personnel. Priority will be given to those who are dealing with suicidal issues or PTS.

No charge for service
Services to Veterans and active duty personnel are absolutely free and made possible by the generous donations from the public and private sector. Donations can be made on-line at the FWV website.

Professional Treatments
David LoPrioce Sensei, L.Ac., has been practicing Acupuncture and Oriental Medicine for over 25 years and is also an expert in the treatment of Post Traumatic Stress.

Expert Acupuncture: It works!
Come relax and rediscover health: body & mind.

● Treatment is very relaxing, calming, and offers a great feeling of well-being and resiliency.
● Effective vs. Post-Traumatic Stress, chronic pain, insomnia and substance/addiction problems.
● Proven to help vs. anxiety, depression, anger, hyper-vigilance and more. Helps you re-integrate.
● Excellent vs. TBI/headaches, back/neck and other pain, fatigue, and many functional problems.
● No need to discuss how you feel, fill out lengthy paper-work, or change your clothes.
● Treatments performed by David LoPrioce Sensei, L.Ac. a 25-year practitioner & PTS expert.

Get in touch
Ph: 860.739.5102 | WFWCAV@gmail.com

Find us on-line
www.WarriorsforWarriors.US
The Office of Veterans Affairs and Military Programs (VAMP) at UConn is pleased to honor Jesse King as our Veteran of the Month for March 2019. Jesse served in the Army for six years as an Arabic Linguist. During that time, Jesse says he was fortunate enough to live in Germany for three years, and then in California for two more years. He also deployed to Iraq for about 15 months.

Overall, Jesse appreciates his experience in the Army. When he completed his service in the military, Jesse immediately began his undergraduate degree. But, he waited three years before becoming a UConn student. He is currently a student at the UConn Law School. He says, “the Law School campus is pretty incredible. . . . It’s conveniently located and it’s beautiful.”

During Jesse’s transition from military life to student life, he believes it helped to jump right in and immerse himself in his studies so he didn’t have time to overthink things. Jesse also found that it helped to network with other Veterans on-campus, to be able to talk to someone else who has been there, going through the same things he experienced as a student Veteran.

If you would like to nominate a student, faculty, or staff member for “Veteran of the Month,” please contact Nikki Eberly at Nikki.eberly@uconn.edu with the name of the person and reasons for your nomination.
With March dedicated as Women’s History Month, the United Relief Foundation believes it is a befitting moment to introduce a Women Warriors campaign in the service of the brave women who fall through the cracks of the support systems that are in place for our Veterans.

Of Veterans today, nearly 1.9 million--about 9 percent--are women and with Veteran women three times more likely as non-veteran women to live in poverty and experience homelessness the United Relief Foundation Women Warriors campaign will provide a lifeline of hope and help to female Veterans in need.

Engaging in one-on-one interactions, providing essential support and offering self-sufficiency tools will be how the United Relief Foundation shall help empower female Veterans in need, bolster their health and wellness, revitalize their self-dependence and enhance their quality of life.

Today is a good day to do a good deed that will help our women Warriors know they have not been forgotten and their service has not been forsaken. And if you can’t today, then reach out to a female Veteran on March 29th, National Vietnam War Veterans Day.
This exhibition of frontline photography and war reporting by UConn journalism professor Scott Wallace opened on Friday, Feb. 15 at the Thomas J. Dodd Research Center.

The exhibition brings together the photography and field reports of Wallace during the years he spent as a reporter in the war zones of El Salvador, Nicaragua and Guatemala in the 1980s and includes color and black & white photographs from the frontlines of those countries, text panels, audio and multimedia clips, equipment, posters and other artifacts from the era.

Wallace covered the three wars for CBS News, Newsweek, the Atlanta Journal-Constitution, and the Guardian and Independent of London. Writing and photographing for newspapers and magazines while reporting for television and radio allowed Wallace to compile an unusual and compelling body of work, on display for the first time in the exhibition.

The show provides audiences with an unusual prism through which to reflect on the role of journalists who document armed conflict, and to understand how the widespread violence and human rights abuses from that era continue to reverberate today.
AROUND the REGION

STORRS - VSO

The Veterans Student Organization of Storrs has an incredible upcoming trip to mark on your calendars - A journey to the historically rich city of Boston, April 12 - 14. They’ll be visiting various sites including the WWII memorial, Soldiers and Sailors Monument, the USS Constitution, and other Bostonian places of interest.

There are limited seats available, so if this sounds like the trip for you, or you’d love to have more info about the Storrs VSO, contact uconnstorrsveterans@gmail.com.

Also, be sure to follow them on Instagram: @uconnvets for info on weekly get togethers and upcoming events.